






DAY 1

8.30 - 9.00am	Registration	
9.00 - 9.15am	Presidential Address	 Kath Norgate
9.15 - 10.30am	Keynote Presentation Chair Andrew Wilkinson	 Nick Adams The neurobiology of EMDR: Enhancing practice through neuroscientific understanding.
10.30 - 10.50am	Morning Refreshment Recess	
10.50am - 12.30pm	Workshop 1: Chair Louise Mackinney	 Karsten Böhm EMDR in Obsessive Compulsive Disorder patients with sexual, aggressive or religious obsessions, regarding the NEW S3.NICE-guidelines in OCD.
12.30-1.30pm	Lunch Poster Presentations (1-1.30pm)	
1.30-3.00pm	Research Presentation: Chair Oenone Dudley	 Sarah Butler How do clients experience intensive EMDR for PTSD? An interpretative phenomenological analysis
3.00-3.20pm	Afternoon Refreshment Recess	
3.20-5.00pm	Workshop 2: Chair Jessica Woolliscroft	 Silva Neves Working with trauma and LGBTQ+ clients.
5.00-6.00pm	EMDR Association UK Annual General Meeting (AGM)	
6.00-7.00pm	Drinks & Networking Reception	

DAY 2

9.00-10.20am	Keynote Presentation Chair Louise Mackinney	 Amal Wartalska: Beyond Individual Pain: Using EMDR to Process Socially Inflicted Trauma and Foster Systemic Wellness.
10.20-10.45am	Morning Refreshment Recess	Winning poster award 2026
10.45am-12.45pm	Research Symposium Chair Jonathan Hutchins	 10.45am - 12.00pm Research Keynote: Filippo Varese 12.00 - 12.30pm Scientific & Research (SRC) Committee Update 12.30 - 12.45pm Poster Lightning Talks
12.45-1.45pm	Lunch Poster Presentations	Main Stream Child & Adolescent (C&A) Stream
1.45-3.00pm	Workshops Chair Heena Chudasama Chair Russ Hurn	 Peter Pruyn - Part 1 Revisiting Cognitive Interweaves  Michel Sylvestre - Part 1 EMDR and the Family system
3.00-3.30pm	Afternoon Refreshment Recess	
3.30-4.15pm	Workshops Chair Heena Chudasama Chair Kath Norgate	 Peter Pruyn - Part 2  Michel Sylvestre - Part 2
4.15-4.30pm	New Presidential Address	 Russ Hurn
4.30pm	Close of conference	