

Day One – Friday 21st March 2025

08.30 – 09.00	Registration	
09.00 – 09.30	Welcome Address Kath Norgate - EMDR UK Association President	
09.30 – 10.20	Keynote Understanding Generational Trauma and Black Identity Wounding Aileen Alleyne Chair: Russ Hurn	
10.20 – 10.45	Refreshment Break	
10.45 – 12.30	Workshop 1 Complex Issues, Systemic Recovery: EMDR Therapy and Addiction Hope Payson Chair: Alex Button	
12.30 – 13.30	Lunch Break	Exhibitor Stands - Conference Foyer
12.30 – 13.00	Update from the Science & Research Committee	
13.30 – 15.00	Workshop 2 Intersections and applications of EMDR and perinatal mental health Mara Tesler Stein Chair: Oenone Dudley	
15.00 – 15.20	Refreshment Break	
15.20 – 15.50	Workshop 2 continued Intersections and applications of EMDR and perinatal mental health Mara Tesler Stein Chair: Oenone Dudley	
16.00 – 17.30	Workshop 3 Why therapists aren't delivering the EMDR evidence base, and how to put it right Matt Wesson Chair: Phillip Andrews	
17.30	Close of Day One	

Whilst at Conference please use the hashtag on social media
#emdrukconf

If you experience any problem during the conference or your needs are not being met, please summon assistance via the room monitors, on site and online, they will immediately arrange for you to speak with a board member.

All delegates are requested to ask questions via the Conference Q&A on their devices.

Day Two – Saturday 22nd March 2025

09.00 – 10.20	New Patron Keynote Speech Darren McGarvey EMDR, Trauma & Me Chair: Matt Wilcockson	
10.20 – 10.45	Refreshment Break	
10.45 – 11.30	Case Presentation Using EMDR to alter sexual interest towards children Lisa Wright Chair: Colleen Swinden	
11.30 – 12.30	Keynote Working with Dissociation: Optimal Integration of Parts Models Mary Clare de Echevarria Chair: Louise Mackinney	
12.30 – 13.45	Lunch Break	Exhibitor Stands - Conference Foyer
13.00 – 13.45	EMDR Association & AGM	
Workshop 4		C&A Stream - Albert Suite
13.45 - 15.00	Functional Neurological disorders and EMDR Kate Chartres Chair: Andrew Wilkinson	13.45 - 15.00 Medical Trauma in Children Daniela Lampertz Chair: Katie Peter
15.00 – 15.30	Refreshment Break	
Workshop 5		C&A Stream - Albert Suite
15.30 - 16.45	Enhance the eight phases of EMDR by harnessing the insights of Internal Family Systems (IFS) therapy - to make EMDR a safer and more relational therapy Annabel McGoldrick / Claire van den Bosch Chair: Laura Beech	15.30 - 16.45 Let's Play EMDR: Fundamentals of EMDR with Children, Adolescents and Teens Annie Monaco / Anne Bexley Forest Chair: Susan Darker-Smith
16.45– 17.00	EMDR UK President Address Kath Norgate	
17.00	Conference Close	