

Eligibility criteria for EMDR training in the UK

ALL applicants must have a significant proportion of their current primary role delivering 1-1 psychotherapy.

ALL applicants must have the full support of their clinical supervisor to attend the training.

All applicants must have access to training cases for the duration of the course.

Mental health professionals

Clinical Psychologists (HCPC)

Counselling Psychologists (Registered with HCPC)

Educational Psychologists (Registered with HCPC)

Forensic Psychologists (Registered with HCPC)

Psychiatrists

- MRCPsych or equivalent (including Certificate of Completion of Specialist Training in any psychiatric speciality)
- Alternatively:
 - a) Complete both long and short psychotherapy cases (and)
 - b) Equivalent of three years full-time psychiatric experience (and)
 - c) Letter confirming above from line manager and sent to EMDR Training Provider

Registered Mental Health Nurses (NMC), Registered Learning Disability Nurses (NMC), Arts Psychotherapists (HCPC), Occupational Therapists (HCPC) and Registered Social Workers who:

- Have mental health training, can recognise and assess common mental health problems and have experience of working in a mental health setting.
- Have training and a minimum of two years' experience of providing one-to-one psychotherapy, in addition to their professional training.
- Have provided a reference from their clinical supervisor confirming the above.

Counsellors/Psychotherapists

MUST hold **FULL** accreditation by one of the following professional bodies:

- BABCP
- BACP
- UKCP
- British Psychoanalytic Council (BPC)
- National Counselling & Psychotherapy Society Accredited Professional (NCPS Accredited Professional) grade
- Federation of Drug and Alcohol Practitioners (FDAP) who are NCAC accredited.
- Association of Child Psychotherapists (ACP)
- COSCA
- COSRT

Clinical and Counselling Psychology Trainees

Candidates should be in their final year of a full-time practitioner doctoral training approved by the British Psychological Society, with a letter of recommendation from their clinical supervisor. They are eligible to begin the Standard EMDR Europe course but cannot fully complete it until their registration with HCPC is confirmed.