



Dear Colleagues

Watching the news over the past week has become increasingly difficult as we learn again and again of the price being paid by frontline workers in different settings as they strive to do their best for the people in their care. Added to this are the unfolding personal tragedies faced by individuals and families who have lost loved ones, unable to be with them at the end. But there are also many stories of recovery, of resilience and of hope.

“History, despite its wrenching pain, cannot be unlived, and, if Faced with courage, need not be lived again”

Maya Angelou (1993)

Some news in brief:

Annual Conference

If you have not already heard our postponed Annual Conference and AGM will take place on 12 - 13 June. This will be a ‘virtual’ Conference with professionally live-streamed and pre-recorded presentations. For more details go to the Association website Homepage; look for ‘Upcoming Events’.

Website

There is now an Online EMDR/COVID-19 section on the Homepage with links to client and therapist resources, including recordings of the recent Webinars.

Guidelines for Working Online

The EMDR UK guidelines have now been shared with EMDR Europe and EMDR Australia.

Webinars

Thanks to the work of Naomi Fisher, Matt Wesson and Maeve Crowley over 1350 people have benefited from the Webinars.

Keep well. Stay safe.

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President EMDR UK