



Dear Colleagues

In deciding what information might be helpful for you to know this week a quote from a recent article in the Guardian resonated with me and, perhaps, with you too.

“In the midst of fear and isolation, we are learning that profound change is possible. Maybe during catastrophe we understand the power of community, and what we can achieve together”.

Rebecca Solnit ,7 April 2020

Meantime, some news in brief:

- **We are now EMDR UK**
As of 1st April the EMDR All-Ireland Association has been officially formed. EMDR UK have an agreement that existing All-Ireland members will be offered membership of both Associations. Shortly, our new logo with official trademark will be circulated to all accredited Practitioners and Consultants for your use.
- **EMDR Therapy Quarterly (ETQ)**
A special edition of the Journal (ETQ) will be published shortly. It will be devoted to the theme of EMDR online working with papers from members who have been leading the way in this way of working.
- **Trustees**
We welcome 3 New Trustees to the Board: Ericka Johanson, Justin Havens and Ben Wright and very much look forward to their contribution to the work of the Association. And..... We say farewell and send our grateful thanks to the Trustees who

have retired from the Board: Judy Mellor, Dean Whybrow and Matt Kiernan.

- **Webinars**
- 1200+ members (and EMDR trained non-members) have accessed the series of Webinars hosted by Naomi Fisher and Matt Wesson. More to come. Look out for the message giving the link to Webinars planned for next week.
- **EMDR Europe**
Revised recommendations from EMDR Europe for the use of online EMDR therapy during the Covid-19 pandemic will be circulated shortly.

Keep well. Stay safe.

Mike O'Connor (CPsychol. AFBPsS)
President EMDR UK