



Dear Colleagues

All of us are in the process of adjusting to the massive changes to our family life, our lifestyles and our working practices. With this in mind I want to let you know about some decisions that the Board of Trustees have made in response to the special circumstances we all face.

### Using EMDR online

- Revised guidelines will be issued shortly. You will see that they are very supportive of this way of working with our clients. Please read these carefully and share with colleagues who are trained in EMDR but who are not members of the Association, especially NHS staff.
- Training in how to provide EMDR online. A series of Webinars have been organised to support members who wish to learn how to provide EMDR online. All will be recorded. So, if you miss them live you can catch up. Members will be sent an email giving the link to each Webinar. Please share these with non-members who are trained in EMDR especially NHS staff.
- Re-accreditation. For those who are due to re-accredit in 2020 who do not meet all the criteria e.g. insufficient CPD credits, you have an extension of one year. For example, if you were due to re-accredit in October 2020 you now have until October 2021 to re-accredit. For those who are due to re-accredit in 2020 and who already meet all the criteria please proceed with the submitting all your information as usual but your next accreditation period will last 6 years instead of 5.

- CPD Credits. In the prevailing circumstances where CPD points have already been awarded they will apply when the training is now being provided online.

I appreciate that there is a great deal of information being circulated at present from many sources and that this can be overwhelming. With this in mind I will send a brief update each week informing you of any key decisions, changes and helpful information.

Keep well. Stay safe.

Mike O'Connor  
President