



EMDR UK & IRELAND ASSOCIATION

ANNUAL CONFERENCE & AGM

Keynote and Workshop Presenters:

Arne Hofmann
Ad de Jongh

Cardiff - 27th - 28th March 2020



www.emdrassociation.org.uk



DAY ONE - Friday 27th March

Dr. Arne Hofmann MD

Keynote: EMDR in the Treatment of Depression

Workshop: EMDR in the Treatment of Depression - the DeprEnd© Protocol

Dr. Arne Hofmann MD is specialist for psychosomatic medicine and head of the EMDR-Institute in Germany. He learned EMDR in 1991 and has introduced it in the German speaking countries. Dr. Hofmann is co-founding board member of EMDR Europe and a member of a German national guideline commission on the treatment of PTSD.

He is teaching, researching and publishing in the field of psychological trauma and EMDR. He has been teaching at the Universities of Cologne, Boston University and the Peking University. He co-founded the European EDEN research group that has up to now published 5 controlled studies that have shown that EMDR is highly effective in the treatment of depression. For his work has received several awards and the Order of Merit of the Federal Republic of Germany.

DAY TWO - Saturday 28th March

Ad de Jongh, PhD

Keynote: EMDR therapy in the treatment of Complex PTSD

Workshop: EMDR 2.0

Ad de Jongh, Ph.D. is clinical psychologist and professor of Anxiety and Behavior Disorders at the University of Amsterdam. Further, he is honorary professor in psychology at Salford University in Manchester, the University of Worcester, and Queen's University in Belfast. In 2015 Ad de Jongh was involved in establishing the Psychotrauma Expertise Center (PSYTREC), a mental health institution in Bilthoven that uses a short, and highly intensive treatment program for Complex PTSD, where he is a member of the board of directors. He is approved trainer for the EMDR Europe association, board member of the Dutch EMDR Association, and the EMDR Europe Association. He is an expert in the treatment of anxiety disorders, and involved in research on the efficacy of evidence-based treatments for a wide variety of patient groups, including traumatized children, people with intellectual disabilities and other complex psychiatric conditions such as psychosis. He (co-)authored more than 400 articles/book chapters and 6 books on his areas of expertise.

Full Programme & Booking

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