



EYE MOVEMENT DESENSITIZATION AND REPROCESSING THERAPY



## **EMDR LEVEL I CHILD & ADOLESCENT TRAINING**

**SUSAN M. DARKER-SMITH**

**Date : 13<sup>th</sup>-14<sup>th</sup> February 2019**

**9.00 a.m – 4.30 p.m**

**Venue : The Quaker Meeting House,7 Victoria St, Edinburgh EH1 2JL**

**Booking via : The EMDR Academy**

**<https://www.emdracademy.co.uk/child-emdr-training>**

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This practical 2-day training is designed to ensure that the developmental stages of children are taken into account when utilising EMDR to ensure the correct developmental protocol is used to maximise therapeutic benefit to the child and their family.

The level 2 training builds upon the level 1 training – focusing more intensely on working with complex presentations and dissociation in children and adolescents.

Modifications of standard EMDR Adult ‘protocols’ such as the OCD protocol and pain protocol will be shared alongside working with anticipatory anxiety in children. The use of narratives will again be explored – but this time with greater focus to adapting the narrative to work with increasingly more complex cases.

Complex Grief and an understanding as to how the presentation of grief may be different for children will be covered.

A specific amount of time will be given to working with looked after, trafficked, abused and groomed children – as often a very different approach is required for these issues.

Addictions for children (including those from a forensic population) will be covered as this often presents a challenge when working with neglected and abused children who may be self-medicating.

Children are in a constant state of change and evolution : both physiologically, neurologically, cognitively, emotionally and socially. Working with complex (often on-going) family dynamics and whether it is possible to work on one aspect of core beliefs without directly targeting an on-going trauma, to help a child cope with on-going issues will also be covered alongside working with children traumatised from acts of terrorism.

In addition, working with children who present specific challenges due to brain injuries, learning difficulties, health related issues (such as diabetes and epilepsy) and autism will also be covered.

This workshop will include video examples of real cases, practicums and skills-based learning to help consolidate learning and flexibility in the delivery of EMDR with children.

**Susan Darker-Smith - EMDR Europe Accredited Child & Adolescent Trainer**

Susan is an accredited EMDR Consultant and an accredited Europe Child Trainer who works in a CAMHS team within the NHS alongside her private work.

She has been actively involved in the formation of a National Trauma Response Service in the UK offering group and early intervention EMDR for victims of National terrorist attacks and natural disasters (initially in response to children displaying trauma symptoms in the weeks following the Manchester terror attack).

Susan has a wealth of experience in working with complex and dissociative client groups and through this work, she developed an EMDR protocol for working with young people with attachment difficulties and emerging emotional unstable personality disorders. She has lectured at a national and global level on her research and interventions in both EMDR and CBT.

Susan is currently working alongside clinicians both from a paediatric background who work with EMDR and pain and clinicians working with looked after children, to see if different protocol modifications are more effective in helping these specific client groups to recover.

Susan currently sits on the EMDR UK & Ireland child and adolescent section alongside being a Trustee of the National Trauma Response Service.

In addition to teaching the EMDR Child Trainings, Susan facilitates for the EMDR Academy and additionally teaches advanced-skills EMDR master-classes.

### **Level 2 Child Training Price**

£330 plus VAT = £396.00 for 2 days

### **Eligibility to attend EMDR Europe Part 2 Child Training**

In order to attend Level 2 of the EMDR child training you must have completed all parts of basic EMDR Europe accredited course. Certificate copies will be asked for as evidence of attendance. You must be working with children in your workplace and have experience of working with children, you agreeing to this by applying for the course. You must also have completed a level 1 EMDR child training by an accredited Europe EMDR child trainer.

For further information about the use of EMDR with children please read the child & adolescent page from [EMDR Europe](#)